

# Canarsie Community Resources

Food Pantries and Soup Kitchens				
<i>Name</i>	<i>Address</i>	<i>Hours</i>	<i>Phone Number</i>	<i>ID Required</i>
<b>Triumphant Breakthrough Pantry</b>	889 Rutland Road Brooklyn, NY 11203	Thursdays 4:00 pm- 6:00 pm	(718) 774-4696	No
<b>United Community Baptist Church</b>	545 Utica Ave Brooklyn, NY 11203	Saturdays 10:00 am- 12:00 pm	(718) 467-7708	Yes
<b>Brooklyn Faith SDA Church</b>	5518 Church Ave Brooklyn, NY 11203	Fridays 12:00 pm-3:00 pm Thursdays 2:00 pm-4:00 pm	(347) 691-0293	Yes
<b>Calvary Pentecostal Church</b>	151 Woodruff Ave Brooklyn, NY 11226	Thursdays 11:00 am-1:00 pm	(718) 469-8252	No
<b>Masbia of Flatbush</b>	1372 Coney Island Ave Brooklyn, NY 11230	Sunday-Thursday (dinner) 3:00pm-7:30 pm Fridays (groceries) 7:00 am-11:00am	(718) 972-4446	No
<b>United Church of Faith</b>	643 East 88 <sup>th</sup> Street Brooklyn, NY 11236	Saturdays 12:00pm-1:00pm	(347) 449-0235	No
<b>Christian Church of Canarsie</b>	602 East 89 <sup>th</sup> Street Brooklyn, NY 11236	Saturdays 10:00 am- 2:00 pm	(347) 742-7651	No
<b>Our Lady of Miracles</b>	757 East 86 <sup>th</sup> Street Brooklyn, NY 11236	Saturdays 10:00 am-11:30 am	(718) 722-6001	No
<b>Redeemed Christian Church of God</b>	781 East 93 <sup>rd</sup> Street Brooklyn, NY 11236	Saturdays 11:00 am-12:00 pm	(917) 346-7461	No
<b>Christian Cultural Center</b>	716 Chester Street Brooklyn, NY 11212	Thursdays 9:00 am-1:00 pm	(718) 306-1000	No

## Mental Health Resources

If you regularly receive mental health services, call your provider, they may be conducting consultations via phone or video chat.

<i>Name</i>	<i>Address</i>	<i>Hours</i>	<i>Contact Information</i>
<b>NYC Well</b> (mental health support for many issues including anxiety, depression, addiction)	N/A	24/7	Text: WELL to 65173 Call: 1-888-NYC-WELL <a href="https://nycwell.cityofnewyork.us/en/get-help-now/chat-with-a-counselor-now/">https://nycwell.cityofnewyork.us/en/get-help-now/chat-with-a-counselor-now/</a>
<b>National Suicide Prevention Hotline</b> (support for those struggling with thoughts of suicide and their loved ones)	N/A	24/7	Call: 1-800-273-8255  Chat: <a href="https://suicidepreventionlifeline.org/chat/">https://suicidepreventionlifeline.org/chat/</a>
<b>National Parent Helpline</b> (listening line)	N/A	Monday through Friday 1:00 pm-10:00 pm	1-855-427-2736
<b>Kings County Hospital – Emergency Room Services</b>	451 Clarkson Avenue Brooklyn, NY 11203	24/7	Consider calling first:  (718) 245-3131
<b>Brookdale Hospital - Child Emergency Room Services</b>	One Brookdale Plaza, Brooklyn, NY 11212	24/7	Consider calling first:  (718) 240 -7195

## Health

(it is safest to stay away from Urgent Care or the ER unless it is an emergency)

- call your primary care doctor, they may be conducting doctor consultations via phone or video chat
- Medicare/Medicaid are now covering health services provided via phone or video chat
- if you need assistance finding a provider, login to your insurance website and follow the steps under “Find A Doctor”

## Coronavirus

*For the most up to date information regarding COVID-19:*

Please see CDC website <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Notify a doctor if you or a family member display the following symptoms:

Fever, cough, shortness of breath

How to Protect Yourself:

Clean your hands often.

Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.

If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol.

Cover all surfaces of your hands and rub them together until they feel dry.

Avoid touching your eyes, nose, and mouth with unwashed hands.

Avoid close contact with people who are sick.

Put distance between yourself and other people if COVID-19 is spreading in your community. This is especially important for people who are at higher risk of getting very sick.

Stay home if you feel sick.

## Free Legal Services

<i>Name</i>	<i>Address</i>	<i>Phone</i>
<b>Catholic Migration Services</b> (free legal services – housing, immigration, employment, and more)	191 Joralemon St, 4 <sup>th</sup> Floor Brooklyn, NY 11201	(718) 236-3000
<b>Brooklyn Legal Services</b> (free legal services – housing, immigration, employment, and more)	105 Court St, 3rd Floor Brooklyn, NY 11201	(718) 237-5500  For appointment: (917) 661-4500
<b>Brooklyn Defender Services</b> (free legal representation)	177 Livingston Street 7th Floor Brooklyn, NY 11201	(718) 254-0700